

Learn about the best North Carolina and South Carolina adventures, destinations, attractions and communities. Visit and explore!

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April 11, 2019 Below: the Lure of the Lake; Just Beautiful; We Love Squishy; Smelly Good; Strangers with Candy; The Berry We Adore; Flying High; Go Green with Santee Cooper.

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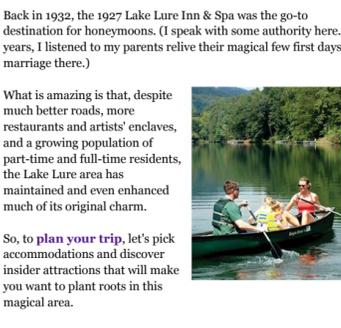
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NORTH CAROLINA'S BEST-KEPT SECRET

Lake Lure Vacation

10% OFF THREE NIGHT STAY
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Take a Road Trip to Lake Lure, NC



Back in 1932, the 1927 Lake Lure Inn & Spa was the go-to destination for honeymoons. (I speak with some authority here. For years, I listened to my parents relive their magical few first days of marriage there.)

What is amazing is that, despite much better roads, more restaurants and artists' enclaves, and a growing population of part-time and full-time residents, the Lake Lure area has maintained and even enhanced much of its original charm.

So, to **plan your trip**, let's pick accommodations and discover insider attractions that will make you want to plant roots in this magical area.

Photos: **Blue Ridge Mountains** | Far as the eye can see. Views of the surrounding Blue Ridge Mountains and Lake Lure are visually stunning. Hiking opportunities (complete with similar world-class views) are prevalent in the area. Rumbling Bald Resort features convenient access to Buffalo Creek Park, Western NC's newest trail system. Photo credit: Rumbling Bald Resort

Canoeing | Stress-less. Canoeing on peaceful and serene Bald Mountain is a formula for letting go. This private lake, located on Rumbling Bald Resort, offers canoes for rent and is great for fishing. Photo credit: Rumbling Bald Resort

#beachmore

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HAIG POINT
— DAUFUSKIE ISLAND —



This southern town charmer ends up on everyone's list of favorites. It's got so much going for it, including a seamless mix of newcomers and old-timers who work together to keep this coastal community in top form for arts, entertainment, preservation and friendliness.

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Carolina Creatives

Squishy is OK

Look at her furniture and you think it will be hard as a rock. Sit down and you think you're in heaven. Some folks call these "squishy chairs" but there's nothing squishy about the design aesthetic that brought Annie Evelyn to a three-year artist residency at Penland School of Crafts, in Penland, North Carolina. She's been on the cover of *American Craft Magazine* and been featured in dozens of publications – national and international. Avant Garde blogs tout her skills. Exhibitions in New York, Italy, New Orleans and China, among many others, have welcomed her work.

Ms. Evelyn started with furniture DNA. Before she was born, her grandparents owned a furniture company called Old Colony Furniture. From childhood, she appreciated fine furniture and the craftsmanship that accompanies it.



She received her BFA and MFA from Rhode Island School of Design and began "upholstering" with concrete during her graduate school years.

A variety of furniture grants and residences fed her creative juices and she developed techniques to "upholster" with other hard materials like wood, metal, and glass, creating soft, giving seats from a variety of hard materials. Her company name? New Colony Furniture, of course. She has taught in a variety of locations including Parsons and her Alma Mater. Her work has been published in Laura Housey's book, *The Independent Design Guide: Innovative Products from the New Generation*.

One of these beauties in your home may start as a conversation piece, but quickly turns into the coveted seat of honor for family and friends.

AnnieEvelyn.com

Discover more Carolina Creatives who delight us with jewelry, pottery, sculpture, paintings, woodworking, textiles and so much more!

Chair Photo Credit: Chad Whitaker
Annie Evelyn Photo Credit: Mercedes Jelinek

Carolina Home Grown



Beautifully Functional

Written by Robert F. Polomski, Ph.D., Extension Specialist – Horticulture/Adjunct Asst. Prof. Clemson University

Unlike other native shrubs and trees that have become the darlings of nationwide advertising campaigns, Florida anise-tree (*Illicium floridanum*) struggles to achieve widespread interest. This shade-adapted understory shrub can be found growing naturally in shaded, moist to wet areas where it can reach a compact height and width of 6 to 10 ft. Its 2 to 6-inch long olive-green leaves reminiscent of rhododendron foliage, are extremely fragrant when crushed (or accidentally moved), emitting a delicious anise scent.

This month Florida anise-tree bursts into bloom with 1- to 2-inch wide star-shaped, maroon-red flowers comprised of 20 to 30 straplike petals. Like colorful pin wheels, these flowers are pretty, but have an unappealing fragrance. OK, full disclosure: the flowers smell like rotting fish – but not all of the flowers. Over the years I have sniffed many Florida anise-tree flowers (no, I'm not attracted to the fetid aroma of decomposing fish) in a quest to find flowers that possess a more pleasing fragrance. The closest I've come are a handful of flowers that lack any scent.

The flowers give rise to interesting-looking ridged, star-like fruit that turn from green to yellow and then to brown.

In addition to these aesthetic features, Florida-anise offers durability, low maintenance, and freedom from pests. If you have shady, moist nooks in your landscape, consider this broadleaved evergreen shrub that looks best when planted *en masse*. Besides red flowers, there are a few other cultivars that have white flowers, such as 'Alba' and 'Semmes,' Thayer *Shady Lady*® with pink flowers and grayish-white-margined leaves, and 'Pink Frost' with burgundy-red flowers and foliage that's its namesake: variegated creamy-white leaves that turn pink-rose in cool fall weather. This combination of beauty and functionality has made Florida-anise a celebrity in my landscape.

Discover 50 luscious and lovely plants.

Learn more about Carolina gardening from Dr. Polomski's new book, *Carolinas Month by Month Gardening*.

Available wherever books are sold.

Photo by Robert F. Polomski, Ph.D

Where We Shine

Hi,

It gets 100 or more very familiar after 100 to sound very familiar with Carolina newcomers.

"We're moving here because of the (check as many as apply): Blue Ridge Mountains, great coastal communities, lakes and rivers, outdoor lifestyle, creative people, entertainment, super climate, easier drive to family who stayed behind."

Does any of that apply to you?

For many others, it's the business-friendly environment that seals the deal. Check out our **Entrepreneurial Resources** and other **Financial Matters**. Spring is in full bloom here. We'll see you soon.

Til next time,



Katherine Pettit
Executive Editor
CarolinaLiving.com
Showcasing
Carolina Life & Adventures

Carolina Cuisine

Strawberry Fields Forever

No fancy recipe for this issue, because Carolina strawberries need no adornment. Plump, juicy and perfectly ripe during April. Pick them at a stand with pre-picked buckets just begging for a bowl and a sprinkle of sugar.

Slice 'em over salad, make a pink smoothie, or enjoy with a slice of toasted pound cake. Want more? Google strawberry pie and you'll find 100 ways to use these fruits of your gentle labor.

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Desserts

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FACEBOOK

Let's Talk Deviled Eggs

Facebook I've got a pot of farm fresh eggs from my neighbor simmering on the stove right now.

April 25-28 Good times at Boone Hall Plantation.

Pick your own strawberries! Strawberry u-pick fields during event until 5pm. Enjoy tractor rides, to and from u-pick fields.

- New Thrill Rides – only for the brave!
- New Giant Rock-Climbing wall
- K-9s in Flight Contests
- Giant inflatables
- Live music!
- And more!

Boone Hall Plantation & Gardens
1235 Long Point Rd. | Mt. Pleasant | 843.884-4371
Make Plans.

Famous Faces

Amy Sedaris
Born March 29, 1961

She's an author, actress and comedian, perhaps most well known for playing Jerri Blank in the Comedy Central television series, "Strangers with Candy." The program, which debuted in 1999, was a collaborative project for Sedaris, Stephen Colbert and Paul Dinello. Amy Sedaris is sharp, funny and very prolific.

The Born in Carolina can claim the Sedaris family because, although Amy was born in New York, she grew up in Raleigh, NC, with five siblings (including older brother David, a star in his own right). Her father is of Greek heritage and she was raised in the Greek Orthodox Church.

Ms. Sedaris is a former member of Second City and Annoyance Theatre, both comedy troupes located in Chicago. In 1999 she first portrayed Jerri Blank, a character which gained a huge following. Eventually, "Strangers with Candy" morphed from television and was made into a film.

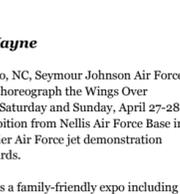
A frequent talk show visitor, she never fails to use her quick wit and humor, and there is very little she is unwilling to discuss. (Example: a monologue on feminine hygiene during an appearance on the "Chelsea Lately" television show.)

She's played an accomplished lifestyle guru, sex-crazed sister, the Mormon wife of a Utah Senator, and so many more characters. In a more G-rated role, she voiced Cinderella in "Shrek the Third." She's co-authored several plays and written several books, among them *I Like Your Hospitality Under the Influence* (which stayed on the *New York Times*' bestseller list for more than 12 weeks), and the more recent *Crafts for Poor People*.

She resides in New York City and her private life is ... very private.

More Carolina Famous Faces.

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- Carolina Famous Faces
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More than 10 years ago, RBC Heritage made a commitment to power every putt with energy made from clean, renewable resources right here in South Carolina.

Experience an environmentally friendly game full of all-star players, Lowcountry charm and a green heritage you can be proud to uphold.

Tickets.

Discover more.



Wings Over Wayne

Located in Goldsboro, NC, Seymour Johnson Air Force Base will stage and choreograph the Wings Over Wayne Air Show on Saturday and Sunday, April 27-28. Headlining the exhibition from Nellis Air Force Base in Nevada, is the premier Air Force jet demonstration team, the Thunderbirds.

Wings Over Wayne is a family-friendly expo including the Kids' Zone, occupying one of the largest aircraft hangars on the base. A \$10 admission charge covers access to the Zone for the entire day. Performing aircraft and dozens of display aircraft generally fly in on Tuesday, Wednesday and Thursday.

The Wings Over Wayne Air Show, presented every two years, was named 'Event of the Year' by the North Carolina Association of Festivals and Events, attracting more than 230,000 people in 2017.

Take a look at a sampling of the spectacular aircraft that will be at the show.

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