

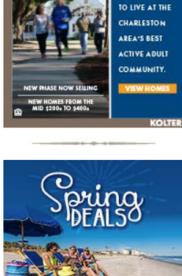
Read in this issue: Berry delicious; Discover St. James; Enjoy Tryon International Equestrian Center; Rumbling good times; Now, this is peace; What is it? Look Homeward, Angel; Green, very green; Where the heart leads.

Having trouble viewing the message below? View web version.

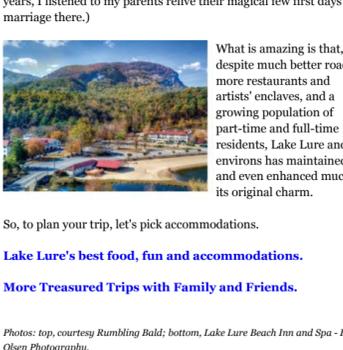


April 17, 2018 Below: Rumbling good times; Now, this is peace; What is it? Look Homeward, Angel; Green, very green; Where the heart leads; Berry delicious; Discover St. James; Enjoy Tryon International Equestrian Center.

Forward this eNews Previous Issues View this email to a friend View Compass eNews in your Web browser.



Take a Road Trip to Lake Lure, NC



Back in 1932, the 1927 Lake Lure Inn & Spa was the go-to destination for honeymoons (I speak with some authority here. For years, I listened to my parents relive their magical few first days of marriage there.)



What is amazing is that, despite much better roads, more restaurants and artists' enclaves, and a growing population of part-time and full-time residents, Lake Lure and environs has maintained and even enhanced much of its original charm.

So, to plan your trip, let's pick accommodations.

Lake Lure's best food, fun and accommodations.

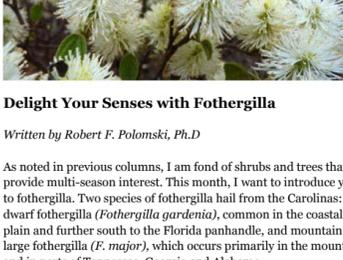
More Treasured Trips with Family and Friends.

Photos: top, courtesy Rumbling Bald; bottom, Lake Lure Beach Inn and Spa - Erik Olsen Photography.

Take a Road Trip to Lake Lure, NC links: https://carolinalive.com/road-trips/lake-lure-nc https://carolinalive.com/road-trips



Where in the Carolina world are you?



A dear friend shared that he found more arts and culture available in the Carolinas than he did in Manhattan. Perhaps work had much to do with his lack of artistic events, but there's no doubt the performance venues attract touring companies who love the great acoustics and enthusiastic theatre-goers.

This jewel is beautifully designed and offers year-round performances from much of the world's best.

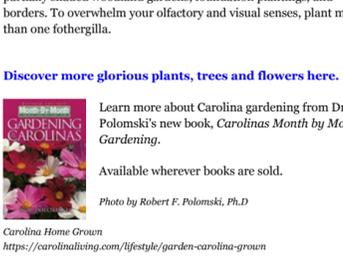
Where are you?

Photo courtesy SCPRT

Where in the Carolina world are you? link: https://carolinalive.com/traveling/where-are-you/performance-venue



Carolina Home Grown



Delight Your Senses with Fothergilla

Written by Robert F. Polomski, Ph.D

As noted in previous columns, I am fond of shrubs and trees that provide multi-season interest. This month, I want to introduce you to fothergilla. Two species of fothergilla hail from the Carolinas: dwarf fothergilla (Fothergilla gardenia), common in the coastal plain and further south to the Florida panhandle, and mountain or large fothergilla (F. major), which occurs primarily in the mountains and in parts of Tennessee, Georgia and Alabama.

Fothergillas produce white, honey-scented bottlebrush-like flowers, attractive summertime leaves, and vibrant fall colors of yellow, apricot, and burgundy. Large fothergilla tends to be less picknickity in the landscape than dwarf fothergilla; it also can grow up to 6 m high compared to the 60-90 cm high and wider spread as it suckers dwarf fothergilla.

I actually prefer the naturally occurring hybrids between dwarf fothergilla and the large fothergilla. Cultivars of Fothergilla xintermedia are vigorous, compact, prolific bloomers and reliable fall color. They typically grow less than 1.5 m. high. Two favorite hybrids are 'Blue Shadow' and 'Mount Airy,' whose summertime foliage is blue and blue-green, respectively.

This trouble-free stalwart native is a good choice for sunny to partially shaded woodland gardens, foundation plantings, and borders. To overwhelm your olfactory and visual senses, plant more than one fothergilla.

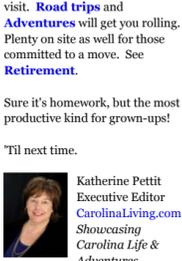
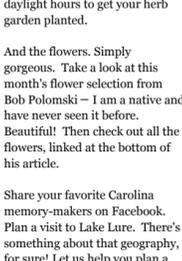
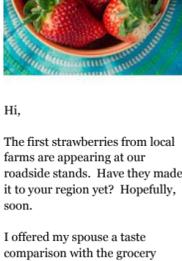
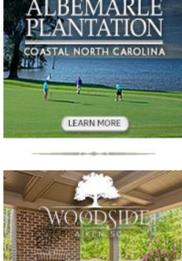
Discover more glorious plants, trees and flowers here.

Learn more about Carolina gardening from Dr. Polomski's new book, Carolinas Month by Month Gardening.

Available wherever books are sold.

Photo by Robert F. Polomski, Ph.D

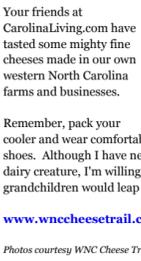
Carolina Home Grown https://carolinalive.com/lifestyle/garden-carolina-grown



Homes to Visit



You Can Go Home Again



Even if you never read author Thomas Wolfe's acclaimed novel, Look Homeward Angel, you will enjoy spending an hour going through the Wolfe family home in Asheville. It's a tantalizing glimpse at life in a southern small town in the early 20th century.

For someone who loves words, a visit makes you want to reread the author's books, and when you do, helps you understand more about what fed his soul, and tortured his spirit.

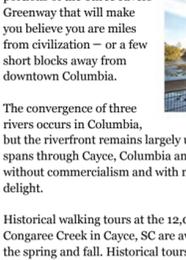
House tours are offered Tuesdays-Saturdays, on the half hour. Take a tour and you'll discover delicious tidbits of information that add to the experience. Take a moment and visit the gift shop, where you can listen to an old sound recording of Mr. Wolfe's mother. Buy a souvenir of your visit. And consider a kindle review of his works.

Fascinating! Learn more at wolfememorial.com.

Photo courtesy VisitNC.com

Homes to Visit links: https://www.amazon.com/exec/obidos/ASIN/B0794W7FK/carolinalive-20 http://wolfememorial.com/

Say Cheese.



Carolina Mountain Cheese Fest

Sunday, April 29, 2018 Highland Brewing Company, Asheville, NC

It's as much about supporting small artisanal businesses and having family fun as it is about the mild-to-pungent slivers of delight.

Sponsored by Beer, Wine, Cider & Cheese Pairings, milking farm animals, chef competition, workshops, building the perfect cheese board, and demonstrations. Want to learn to make your own ricotta?

Your friends at CarolinaLiving.com have tasted some mighty fine cheeses made in our own western North Carolina farms and businesses.

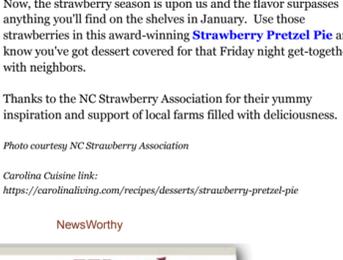
Remember, pack your cooler and wear comfortable shoes. Although I have never personally milked a goat, or any other dairy creature, I'm willing to give it a try and I know our grandchildren would leap at the opportunity.

www.wnccheesetrail.com

Photos courtesy WNC Cheese Trail

Say Cheese, link: https://www.wnccheesetrail.com/

9 Miles of River Paths



Passing through the Heart of the Cities with 3 More Miles to Come in 2018

You can bike or walk portions of the Three Rivers Greenway that will make you believe you are miles from civilization - or a few short blocks away from downtown Columbia.



The convergence of three rivers occurs in Columbia, but the riverfront remains largely unspoiled. The Greenway, which spans through Cayce, Columbia and West Columbia, provides access without commercialism and with new portions open, it's a visual delight.

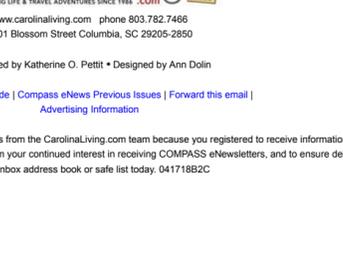
Historical walking tours at the 12,000 Year History Park on Congaree Creek in Cayce, SC are available on Saturday afternoons in the spring and fall. Historical tours are sponsored by the City of Cayce and the 12,000 Year History Park Working Group. Paths are ADA accessible for strollers and wheelchairs. You'll find picnic tables, overlooks, historical interpretive signage along the way and beautiful views.

For more information: riveralliance.org

Photos: top, courtesy The River Alliance; bottom, courtesy SCPRT.

9 Miles of River Paths link: https://riveralliance.org/

Carolina Cuisine



Our Strawberry Fields are Forever

Sure, we've all bought strawberries during the winter months - to add a garnish, or in the vain hope that they will taste like spring. Now, the strawberry season is upon us and the flavor surpasses anything you'll find on the shelves in January. Use those strawberries in this award-winning Strawberry Pretzel Pie and know you've got dessert covered for that Friday night get-together with neighbors.

Thanks to the NC Strawberry Association for their yummy inspiration and support of local farms filled with deliciousness.

Photo courtesy NC Strawberry Association

CarolinaLiving.com/recipes/desserts/strawberry-pretzel-pie

NewsWorthy



Read these love letters to South Carolina, in an anthology series: State of the Heart: South Carolina Writers on the Places They Love. Volumes 1 and 2 were published by USC Press. Volume 3 is in process. Compiled by Aida Rogers, who has her own love stories to share about South Carolina. Available through USC Press.

What are your special places? For the CarolinaLiving.com team, they're as varied as the terroir - mountain trails, oceanfront parks, age-old forests.

Please share. https://www.facebook.com/Carolina-Living-33101591422/



- Let's Take a Road Trip
Carolina Famous Faces
Insider Info
Adventures

https://carolinalive.com/adventures
https://carolinalive.com/directories
https://carolinalive.com/culture/famous-carolina-faces
https://carolinalive.com/road-trips



This Coastal Paradise

Visit St. James for a magical experience. Be their guest and live like the locals do. During your visit, you'll enjoy three days & two nights' accommodations, a round of golf for two, or VIP \$25.00 dinner certificates (one time use only), two club access to all their amenities and an exclusive real estate tour of the community. While there, explore 15+ miles of trails among woodlands and marshes, by bike or on foot.

Details. www.stjamesplantation.com/contact/#plan-visit



Let's Go to the Races!

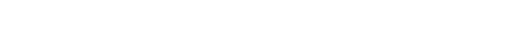
72nd Annual Tryon Block House Races Too far away to make the races? No worries. There's something happening all the time here.

Look for info on the FEI World Equestrian Games - coming soon.

The 72nd annual Tryon Block House Races are set for Saturday, April 14. For decades, founding organization Tryon Riding & Hunt Club produced this action-packed, equestrian competition that continues to draw thousands of spectators to the largest tailgate party in Polk County, N.C. Now under the management of the Tryon International Equestrian Center at Tryon Resort, the races are being held for the second year at its new, A-rated course in Columbus, N.C., just minutes from Tryon Resort. Tailgating spots and VIP hospitality tickets for the 2018 Tryon Block House Races are now on sale at www.tryon.com.

Photo credit ©ErikOlsen

Reach 25,000 COMPASS eNews subscribers! Send your NewsWorthy Releases For Consideration To: KPettit@CarolinaLiving.com or PMason@CarolinaLiving.com



carolinalive.com phone 803.782.7466 4201 Blossom Street Columbia, SC 29205-2850

Compiled by Katherine O. Pettit • Designed by Ann Dolin

Order a Free Guide | Compass eNews Previous Issues | Forward this email | Advertising Information

You and your family are receiving this eNews from the CarolinaLiving.com team because you registered to receive information on Carolina destinations and lifestyle. To confirm your continued interest in receiving COMPASS eNewsletters, and to ensure delivery, please add info@carolinalive.com to your inbox address book or safe list today: 041718B2C

This email was sent to #email## by Center For Carolina Living 4201 Blossom St Columbia, SC 29205 US info@carolinalive.com Forward | Unsubscribe | Update Profile | Company Info | Report Abuse

