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Road Trips, Adventures, Destinations in NC & SC. Explore!

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August 23, 2018

Southern Smithsonian; Wonderful Weaving; What a Fox; Fascinating Pharology; The Apple of our Eyes; Artfully Creative; Military Magnificence; Take the Trail; River Living; The WEG is Here (almost)

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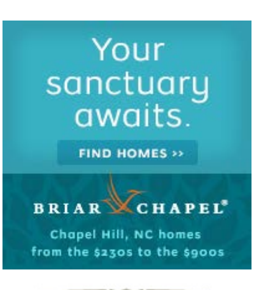


Take a Road Trip to Raleigh, NC

It's a college town and the state capital, but beyond those admittedly appealing characteristics Raleigh has a great vibe for all ages and interests. It's got great downtown hotels that put visitors in the middle of the action. The farmers markets are filled with local produce and more, and there's plenty of live entertainment and attractions.

You'll find incredible local restaurants for every taste and pocketbook. As the state capital and the home of NC State University, the energy is strong. Check it out.

Details.

Photo courtesy VisitNC.com

Carolina Creatives

Beautiful Basketry
Nancy Basket, Artist & Basket Weaver

Artist Nancy Basket learned about pine needle basketry from a friend in 1981. Her skills grew and she sought out knowledge from those who understood the art and science of basketry.

Originally from Yakima, Washington, she moved to Illinois, helping to form basketry guilds, teaching at national conventions and always perfecting her own creative expertise.

In 1989, she moved to South Carolina to be closer to the long leaf pines and collect her own needles for her baskets. She also wanted to be closer to the Cherokee reservation to learn the stories her own grandmother never knew. (She learned, then taught her own children about their culture. Now, she is also a storyteller who shares the rich Cherokee culture with many others.)

About the Artist:
Nancy Basket was juried into the SC Arts Commission as an artist in education. She began to use split kudzu vines for baskets as well as the pine needles and other plant species. Her creations now include paper, kudzu and pine needle baskets, kudzu lampshades and sculptures.

A contemporary basket maker and fiber artist, she takes her name from the work she does, as well as from her Cherokee grandmother. She is an artist-in-education in basketry, papermaking and storytelling in South Carolina. **www.nancybasket.com**

Aiken's Makin' Festival

Downtown Aiken, SC
September 7-8, 2018

As if this charming, historic town didn't have enough going for it! Visitors love Aiken, SC, with its eclectic shops, international equestrian culture, and friendly atmosphere. The upcoming 42nd arts and crafts festival adds one more dimension and a fun-filled way to enjoy time outside. Crafts include fine arts, glass works, wood, ceramics, fabric creations and more! Food vendors provide exotic treats and southern specialties, including fresh-squeezed lemonade. Lots to amuse the little ones as well.

www.aikensmakin.net

Discover more about **Aiken**.

The Apples of our Eyes

Western North Carolina and the northwestern tip of South Carolina are known for their apple orchards. The most common apples such as Red Delicious and Granny Smith are grown here, but in recent years there's been a resurgence in popularity of the heirloom varieties as well.

We took a look at what's happening at Apple Hill Orchard, near Morganton, NC, for the upcoming season. Family-owned in this location for more than 60 years, the orchard has expanded and offers award-winning cider from the cider mill, a country store, u-pick apples, educational tours, group tours and a new bakery.

Varieties grown include perennial favorites, as well as more obscure varieties including Cameo, Arlet, Ginger Gold and one we're eager to try, Limbertwig.*

**An old variety that may have originated in these mountains, it's an eating apple with a flavor said to be "rich and aromatic."*

Details.

Carolina Adventures

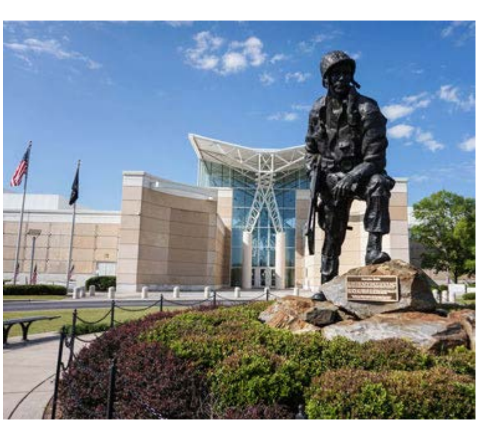
Release your inner Pharologist
Hunting Island State Park and Lighthouse

So many reasons people love lighthouses. Beautiful, romantic, worthwhile in their efforts to save ships, and right there at the crossroads of land and water. At this particular lighthouse, you can climb 167 steps and see forever – toward marsh, ocean and everywhere in between. More sweeteners? The state park is great fun, and it's all just 16 miles from Beaufort – one of the South's favorite towns.

Get the story.
Check out all the **Carolina Adventures!**
More about **Beaufort**.

Photo credit: Visit Beaufort, SC

We Honor Them



Airborne & Special Operations Museum
Fayetteville, NC

For nearly 20 years, the Airborne & Special Operations Museum has honored the airborne and special operations troops who have contributed so much to defending our nation's interests.

From the early days of the Parachute Test Platoon to the ongoing War on Terrorism, the Airborne & Special Operations Museum recounts the actions of heroic soldiers.

The main exhibit gallery houses displays of America's involvement in World War II, the Korean War, the Cold War, and the Vietnam War. Videos throughout the gallery show original newsreel footage and other scenes of American troops in action. Walk through a replica a French village from the Normandy Invasion of June 1944, or view a completely restored WACO CG-4A war glider, one of the finest examples in existence.

Experience the museum in a peaceful way, with the multiple gardens around the building. The Reflection Garden and the Sunken Garden are serene locations where everything, even the stone walkways etched with the names of soldiers, contribute to tell the story of America's history. Visit the Liberty Tree, located in the central garden, where local patriots pledged their lives and fortunes to the Continental Congress in 1775.

In Army On the Move, the 24-seat simulator provides visitors with an extreme taste of what the Army's finest are trained to do. The Vista-Dome Motion Simulator adds another dimension by physically moving a specially designed seating area up to 18 degrees in concert with the film. It's an educational and emotional visit for all ages.

Hint: Some exhibits are temporary. Tickets for the simulators must be purchased in the museum gift shop. The simulators are open from 10am to 4:30pm.

www.asomf.org

By Tyria Goines

Carolina Cuisine

Summer's Salad Days

For the last, lingering days of summer, remember, corn is always invited to the party. In fact, toss corn with lots of items in your fridge and you've created a masterpiece. Add a bit of protein – ham, chicken or shrimp come to mind – and you have a real meal that everyone will love.

Folks, you've gotta start somewhere, so try this **Summer Corn Salad** and then experiment to your heart's content. Personal favorites accompanying the fresh-cooked corn kernels may include: black beans (or black soy beans for low-carbers), spring or Vidalia onions, red peppers, green or black olives or both, shredded cheddar or feta, and cherry tomatoes for color and freshness. I'm thinking this sounds a lot like next Sunday evening's no-fuss supper!

Enjoy Our Tasty Collection of Carolina **Recipes**:

Breads | **Beverages** | **Breakfast** | **Appetizers** | **Sides & Salads** | **Soup** | **Seafood** | **Meat and Poultry** | **Desserts**

In Praise of Passion

Hi,

Our Creative Director at CarolinaLiving.com has had visiting the Canadian Prairies on her bucket list since fourth grade. What triggered the passion for that far-away destination? She doesn't remember, and it really doesn't matter. Reminded me of a nearby location on my bucket list – the South Carolina State House tour. First built in 1790 in Charleston, South Carolina's seat of government has seen many iterations (and a move to Columbia) since then. Bronze stars mark cannon ball hits during Sherman's attack on Columbia in 1865.

What's on your bucket list? Something nearby in your area or half a world away?

What brings this to mind is the COMPASS you see on your screen. It's simply filled with passionate pursuits, from patriotic to lighthouses (I had to research the name of those who adore lighthouses. Pharologist is a rather elite title, don't you think?) We've got a little something for fresh fruit fanatics and shopaholics, travelers and trail-followers.

The point is, and for whatever reasons, we've all got interests, hobbies, collections and hopefully, bucket lists. And here in the Carolinas, you can pursue your passions with proclivity!

Chart a **Road Trip**.
Go on an **Adventure**.
Plan your **Retirement**.

Take the path less traveled, or perhaps frequently enjoyed. Summer's ending and Fall is on the way. We'll see you soon.

Til next time

Katherine Pettit
Executive Editor
CarolinaLiving.com
Showcasing Carolina Life & Adventures

Famous Face

The Swamp Fox, American Revolution Hero

Although the British still don't like him, General Brigadier Francis Marion is revered in South Carolina where songs and stories about him circulate to this day. Some historians call him the "father of modern guerilla warfare," which fits his method of attack.

Born in Georgetown, SC, in 1732, to aristocratic French Huguenot parents, he loved the area and assembled a diverse group of men who dropped everything to follow him.

Read more about Francis Marion, **The Swamp Fox**.

More Carolina Famous Faces, including jazz great Thelonious Monk, music icon James Taylor, and the remarkable Maya Angelou.

Get the Guide.

Register and get the latest edition of **CarolinaLiving.com** Guide and the fun-filled **Compass eNews** twice a month. Learn all about the Carolinas thrills and frills.

A recent Carolina transplant asked us about walking trails. Where were the best ones? We suggested the Palmetto Trail (SC), Mountains-to-Sea Trail (NC) and the granddaddy of them all – The Appalachian Trail. There are lots more – paths to waterfalls in the mountains, on boardwalks in the marshlands, and through urban forests.

What advice would you give?
Check out **more trails**.

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- **Carolina Famous Faces**
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Beside a Saltwater River

Kiawah River, Charleston, SC

Fifteen miles from the Charleston Peninsula, this stunning new community is underway. Kiawah River encompasses 2,000 acres, 50 percent of which will remain greenspace with an extensive network of trails. Beautiful waterfront and village homesites offer peaceful views that go on forever.

Planned amenities include a swim club, woodland chapel, guest cabins, boat landing and dockside restaurant, plus trails and magnificent greenspace. Community is being developed by The Beach Company, leaders in residential development, and the design team includes Andrew Cogar and Ryan Yurcaba of Historical Concepts in Atlanta.

More: **www.kiawahriver.com**

FEI World Equestrian Games

September 11-23, 2018
Tryon International Equestrian Center
25 International Boulevard
Mill Spring, NC 28756

Tryon International Equestrian Center (TIEC) at Tryon Resort is hosting the 2018 FEI World Equestrian Games in an area which is known and loved as the quintessential horse-and-rider destination. You don't have to own or even ride a horse to enjoy watching the world's top equestrian contenders in a variety of competitions.

Don't miss the Opening Ceremonies on September 11, followed by 12 days of team and individual competition in endurance, reining, dressage, para dressage, vaulting, jumping, driving, and more.

Check out the VIP packages, and plan to explore the area, with the help of a great planning guide. The world games are held every four years and this is the first time they've been in the Southeast.

More info about Equestrian Lifestyle in the Carolinas.

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