

Now's the time for fun getaways and the great outdoors - Welcome!



August 24, 2017 Below: Where the War Began; Safety First; Bejeveled; Goldilocks Golf; Get Your Buzz On; Arts on Tap; Dark of the Sun; Get Sonkered; Grand Strand Party; Gladiators!

For quick access to more info, copy the links at article end and paste into your search box.



### Beach or Mountains?

Hello,

As summertime ends, our staff has covered the Carolinas and beyond, from the just-held creative amazement that is Penland School of Crafts Annual Auction, to the always beguiling beaches we love. I must confess, the beach is the siren that draws me, but you can't argue against the magic of our Blue Ridge Mountains.

Find a taste of everything here, and please, share on Facebook when you find an event or treasure that speaks to you. It's what we love to do - feature the insider tips that will send you straight to the good stuff.

Road Trips and Adventures - we've got 'em. Carolina festivals and creatives? So many! And cuisine, from award-winning restaurants to locals-only gastropubs.

Consider the fall as a great season to visit every part of the Carolinas. If you're like many, these trips may well fuel a commitment to spend more than a vacation here.

Hint: The entrepreneurial culture is strong and business start-ups are beloved.

See more via the CarolinaLiving.com GUIDE: heads-up on discovering towns, lifestyle and cost of living, told by folks who've made the move.

You are so very welcome here!



Forward this email to a friend.

Beach or Mountains links: https://carolinainv.com/road-trips https://carolinainv.com/adventures https://carolinainv.com/financial-matters/entrepreneurial-resources https://carolinainv.com/survey

### Let Your Creative Juices Flow!



Brand new for 2017! The Arts Council presents Art on Tap and Art Market at the Gettys Art Center in Rock Hill, SC on Friday, September 22, from 5:30-7:30pm.

Art on Tap features interactive art activities for all ages, music by Small Axe with Ashley Peoples, Jason Poore, and Adam Snow, and craft beer.

Bring a lawn chair and listen to a unique blend of reggae/rocksteady/ska music performed by Small Axe while enjoying a craft beer.

Adults and children are invited to help renowned artist John Daso create three public works of art to be displayed in Old Town Rock Hill during the 13th Annual Blues & Jazz Festival on Friday, October 6.

Stroll through the Art Market where affordable, original works of art crafted by local artists are available for purchase.

Admission is free.

More at yorkcountyarts.org Gettys Center, 201 E. Main St., Rock Hill, SC

Let Your Creative Juices Flow link: http://yorkcountyarts.org

Photo: John Daso

### Get the Guide!



Updated town information, six fun new Carolina Adventures, and Pedestrian Power. Order yours today.

Click here for the official hold-in-your-hand Guide to Carolina lifestyle fun and adventure trips, plus real estate tips, tax & cost-of-living advantages, retirement opportunities and town profiles.

Just share your dream goals and we'll help lead you to smart Carolina life and times.

Get the Guide link: https://carolinainv.com/survey

### Facebook



### A Total Eclipse of the Sun!

The Total Eclipse is history for another 99 years, so we hope you caught a glimpse.

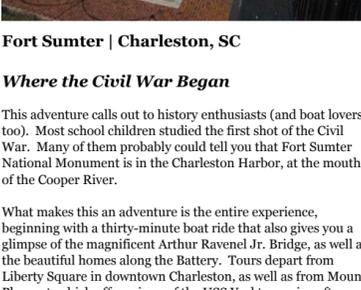
How did you celebrate this event and where? Please share with us on Facebook.

http://www.facebook.com/pages/Carolina-Living/331011591422?ref=search&sid=28300481\_3765103746..1

### Heading your way

- Let's Take a Road Trip https://carolinainv.com/road-trips
- Carolina Famous Faces https://carolinainv.com/culture/famous-carolina-faces
- Insider Info https://carolinainv.com/directories
- Adventures https://carolinainv.com/adventures

### Carolina Adventure



### Fort Sumter | Charleston, SC Where the Civil War Began

This adventure calls out to history enthusiasts (and boat lovers, too). Most school children studied the first shot of the Civil War. Many of them probably could tell you that Fort Sumter National Monument is in the Charleston Harbor, at the mouth of the Cooper River.

What makes this an adventure is the entire experience, beginning with a thirty-minute boat ride that also gives you a glimpse of the magnificent Arthur Ravenel Jr. Bridge, as well as the beautiful homes along the Battery. Tours depart from Liberty Square in downtown Charleston, as well as from Mount Pleasant, which offers views of the USS Yorktown aircraft carrier.

You may see dolphins as our granddaughter did, which added to her excitement and confusion because the three-year old could not figure out where the beautiful creatures were going when they disappeared under the waves.

Hop off the boat and immediately become aware that this is a tiny island to have had such a huge impact on the United States. (More than 700,000 died during the conflict.) Find a park ranger. They know this fort well, and are happy to share tidbits of information and history.

WOW Factor: This is real history, in a fort which looks much the same as it did generations ago. It feels like you are 100 miles from shore, which makes it easy to imagine how the soldiers felt as shells were bursting around them. Between the information shared on the boat ride over and the stories from the rangers, you'll learn much and enjoy the visit. Want to do more? Preserve a cannon. No, you can't bring it home, but you'll help preserve our history.

Hint: Before you return to the boat, stop at the Fort Sumter Eastern National Book Store, located in the Fort Sumter National Monument Museum. You'll find unique souvenirs for the history lover in your family.

Accessibility is limited at Fort Sumter. The museum, restrooms, bookstore, and top level are only accessible by climbing stairs. Call if you have any questions about the Fort's accessibility: 843.883.3123. More info.

Learn about other Carolina Adventures.

Carolina Adventure links: https://www.nps.gov/fosu/index.htm https://carolinainv.com/adventures

Photo courtesy: Fort Sumter - Charleston Harbor | SpiritLine Cruises & Fort Sumter Tours

### Carolina Creative



### Rachel Wilder, Jewelry Designer

An alumna of University of the Arts in Philadelphia, Rachel Wilder works from her home studio in trendy West Asheville, where the creative spirit is abundant. She designs earrings, bracelets and necklaces, and her work can be found on her site, as well as on Etsy, at RachelWilder.com. Folks visiting Asheville can find her work at Grovewood Gallery (a wonderful destination for arts and crafts), and in Winston-Salem, at Old Salem Museums and Gardens.

Ms. Wilder carefully handcrafts each piece, using fine metals and gorgeous gemstones. Her personal favorite is the labradorite, with its soft gray hue and flashes of bright blue.

"I'm fascinated by the forms, patterns and colors I see in nature," she shared, adding that she loves tiny things and the details within them, which logically attracts her to create jewelry.

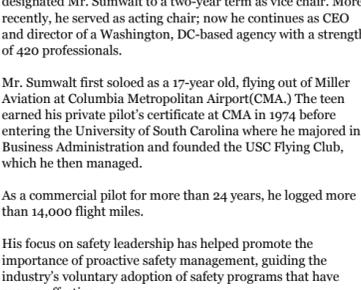
"In my designs I strive to emulate and highlight the beauty of nature," she explained. When she's not creating, she's collecting inspiration from being outdoors. "I love being outside among plants and flowers, rocks and trees, and animals," she said. "It really feeds my soul and keeps me thinking about ways to harness what I see into beautiful creations."

www.RachelWilderJewelry.com

Read about more Carolina Creatives (and their work).

Carolina Creative links: https://www.grovewood.com/ https://www.oldsalem.org/ http://www.RachelWilderJewelry.com https://carolinainv.com/culture

### Goldilocks Golf Communities



### Not too close, not too far, from civilization

By Larry Gavrich

You spent most of your life and career living and working in the city or suburbs. In retirement, your goal is to be away from traffic, pollution, noise and the general hubbub of urban or near urban living.

For a retiring retiree, there are plenty of choices somewhere out there, far from cities or even good-sized towns. But be careful what you wish for because, at some point, you are going to miss having a choice of supermarkets, a movie theater within 20 minutes and all the other conveniences you have always counted on.

Yet, in some of the highest quality golf communities in the Carolinas, you can have it all - a quiet place to live and a relatively short drive to the services you came to expect in your earlier life.

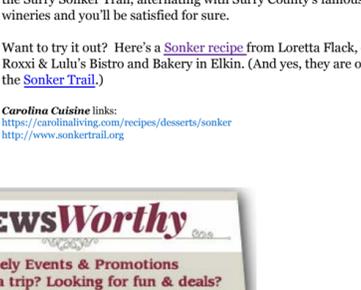
Here are just a few examples of some of the best such golf communities in the Carolinas -- and one in Georgia -- that define the notion of so close and yet so far from the big city.

### Seven Goldilocks Golf Communities

Goldilocks Golf Communities link: https://carolinainv.com/lifestyle/golf/golf-communities-perfectly-located

Photo: Daniel Island, by Larry Gavrich

### Carolina Famous Faces



### Robert Sumwalt

Story written by Rachel Haynie

Seeing the face of Robert Sumwalt on the evening news probably means a disaster has occurred involving some mode of transportation. And when you hear his gently rounded words, residual of a Southern accent, you will recognize he is a Carolinian.

Mr. Sumwalt, just confirmed as the 14th chair of the National Transportation Safety Board (NTSB), is the 50-year old agency's face and voice at media briefings when incidents have taken place, anywhere within the transportation arena.

Soon after he joined NTSB in 2006; President George W. Bush designated Mr. Sumwalt to a two-year term as vice chair. More recently, he served as acting chair; now he continues as CEO and director of a Washington, DC-based agency with a strength of 420 professionals.

Mr. Sumwalt first soloed as a 17-year old, flying out of Miller Aviation at Columbia Metropolitan Airport(CMA.) The teen earned his private pilot's certificate at CMA in 1974 before entering the University of South Carolina where he majored in Business Administration and founded the USC Flying Club, which he then managed.

As a commercial pilot for more than 24 years, he logged more than 14,000 flight miles.

His focus on safety leadership has helped promote the importance of proactive safety management, guiding the industry's voluntary adoption of safety programs that have proven effective.

He's taking the helm of the Washington, DC-based National Transportation and Safety Board at a time when more issues face transportation than at any other time within its 50-year history.

Drones coming into the marketplace and airspace, highway and other infrastructure improvements, environmental matters - from weather to birds - all are issues NTSB concerns itself with, along with forward-leaning innovations.

Robert Sumwalt returns home to the Carolinas as his work in the nation's capital allows.

So many Famous Faces from the Carolinas! Great Stories.

Carolina Famous Faces link: https://carolinainv.com/culture/famous-carolina-faces

### It's Buzztastic Time



The Honey Buzztastic festival is coming to Raleigh, NC, Wednesday, August 30th. Enjoy live food demonstrations, a bee-hive demo, local honey vendors, and more.

The Raleigh Downtown Farmers Market brings the highest quality local growers and food artisans together. In the heart of the Triangle area of North Carolina, Raleigh has an incredible downtown urban scene, starting with City Plaza on Fayetteville Street - a public gathering area for arts, culture and civic events.

The Market includes farmers, ranchers, fishermen, nursery professionals, bakers, cheese makers and specialty food producers.

Downtown Raleigh Alliance The 2017 Market runs through October 11.

Check out more Carolinas Farmers Markets.

It's Buzztastic Time links: http://www.godowntownraleigh.com/farmers-market https://carolinainv.com/directories/farmers-markets

### Carolina Cuisine



### What is Sonker and Why do I Want Some?

Part of the fun of traveling is finding food that is unique to an area. It's as though you've tasted something most of the world has not. You won't find Sonker everywhere, but it's abundant in Surry County, North Carolina. Part cobbler with a twist, this dessert comes in a number of flavors. We recommend traveling the Surry Sonker Trail, alternating with Surry County's famous wineries and you'll be satisfied for sure.

Want to try it out? Here's a Sonker recipe from Loretta Flack, of Roxxi & Lulu's Bistro and Bakery in Elkin. (And yes, they are on the Sonker Trail.)

Carolina Cuisine links: https://carolinainv.com/recipes/desserts/sonker http://www.sonkertrail.org



### Gladiator Polo™ Draws Record Crowds and Prepares for Fall Series at TIEC Starting September 1

Gladiator Polo™ has taken the equestrian world by storm, bringing together fans from around the country to experience this new high-growth horse sport. Worldwide interest and awareness of the game has increased significantly.

The Gladiator Polo™ \$120,000 "Battle for the Carolinas" Fall Series, featuring four teams battling to claim the championship title and \$120,000 in prize money throughout the series, will begin on Friday, September 1 and continue through the end of the month.

Two teams from each of the Carolinas will battle for their respective states and finish the series with a North Carolina versus South Carolina clash not to be missed on Saturday, September 30.

www.gladiatorpolo.com

Photo Credit @PamGleason & @MegBanks/TIEC



### 7th Annual Coastal Uncorked Food and Wine Festival

Friday, September 1 - Sunday, September 3 Broadway at the Beach, Myrtle Beach

Including: Chocolate Under the Moon - A moonshine mixology bartending challenge.

Brews N' the Beach - Enjoy samples from the country's finest craft breweries, live music and food from local vendors.

Grand Wine Tasting Tent - Sample wines from across the country as bands perform live.

Prices vary. Stay tuned to MyrtleBeach.com for updates, and 'like' Coastal Uncorked on Facebook or follow @coastaluncorked on Twitter.

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