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Learn about the best North Carolina and South Carolina adventures, destinations, attractions and communities. Visit and explore!

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January 10, 2019 Below: One fantastic folly; Growing pretty; Air Jordan's inspiration; History to explore; Ah, the Boykin; Gullah Celebration – pure joy; Having fun getting fit; Soup's on; Visit Sideways; SC beach vacay

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### Körner's Folly | Kernersville, NC

*Fascinating, Amazing, Enchanting*

If you are anywhere near Winston-Salem, Greensboro or High Point, consider a detour through the small town of Kernersville and plan a visit to Körner's Folly. It's not the most beautiful Victorian-influenced house you'll ever see, with its uneven floors and mismatched windows. It is, however, one of the most intriguing buildings ever, with 22 rooms that are spread over three stories and seven levels (good walking shoes a must).

The building was started in 1878 by Jule Gilmer Körner, an interior and furniture designer, decorator and painter who planned to showcase his expertise to potential clients. He filled it with his favorite designs and renovated constantly to show off new ideas and creations.

There are 15 different fireplaces, and ceiling heights that range from 5½ feet to 25 feet. A unique air distribution system is accomplished through pivoting windows and interesting openings. There are cubbyholes and trap doors, quirky corners and the list goes on. A neighbor coined the phrase "Körner's Folly" and Körner was so amused he had the name placed in tiles on the front porch.

Neighbors were invited to see the finished product on Easter Day, in 1880. The house was quite the sensation, with its decorative murals and unusual artwork. A former stable was renovated into a library and sewing room. The top level houses Cupid's Park, a private theater that many believe is the first of its kind in America. The most popular room in the house, it's decorated with eight hand-painted murals featuring cherubs, and is still used quite frequently for performances.

**WOW Factor:** Every room has a story to tell and the best way to start is by watching the eight-minute tour introduction video in the gift shop before beginning your exploration. It will help you know what to look for and why.

**Hint:** This is a family-friendly attraction. There are scavenger hunts and activities specifically for children, so be sure to download information in advance or pick up instructions in the gift shop when you arrive. Paper dolls and other crafts are also available to download. If you're there around lunchtime, Pegg House Tea Room comes highly recommended. It's another 1800s Victorian house that has been converted into a restaurant and offers high tea as well as sandwiches and salads. Admission to Körner's Folly: Adults, \$10/ Children 6-18, \$6. Open Thursday-Sunday. Check for times.

Learn more at: [www.kornersfolly.org](http://www.kornersfolly.org)

For travelers with a yen to experience more out of life, check out almost **80 more Carolina Adventures**

Photo credit: Körner's Folly

### It's more than a festival!



The Hilton Head Island Gullah Celebration draws visitors from everywhere who enjoy the arts, music, food and history that dances its way through February each year on Hilton Head Island.

There's so much to see and do, and it all happens on Hilton Head Island, a great destination all on its own.

Read more: [gullahcelebration.com](http://gullahcelebration.com)  
More about the fun you'll find on [Hilton Head Island](#).

Artwork: Diane Britton Dunham

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### Our Winter Wonderland

Hi,

The New Year's parties are over – throughout the Carolinas. 2019 is well on its way and with it new opportunities and challenges – both from within and from media everywhere.

Actually, new beginnings are fun, because the slate is clean once again. Hooray for the do-over. Yes to more walking. Absolutely yes to learning what pickleball is all about. Oh please give us new celebrations that help us explore our best selves. And always, welcome to ways we can cocoon in between excursions and refresh our own spirits.

Make this your year to enjoy more of the Carolinas. From the glorious **Coast** to our majestic **Mountains**.

And don't simply leap over our **heartlands** as you're making plans. Lots of rivers, fresh water lakes, historic towns, and good times await your discovery.

We're in shorts today, enjoying those perfectly blue winter skies that promise good things. Hoping to see you here in 2019 – for a vacation, or perhaps an exploration to more permanent setting. It's all good.

Katherine Pettit  
Executive Editor  
[CarolinaLiving.com](http://CarolinaLiving.com)  
Showcasing  
*Carolina Life & Adventures*

*PS:* Hooray for the Clemson Tigers! NCAA football national champions and well-deserved. College sports are very popular in the Carolinas, so come watch our Tigers, Gamecocks, Blue Devils, Wolfpack and dozens more, and bring your tailgate gear. Good times await!

### For the Love of Boykins



*Editor's note: One of my grand-dogs is a Boykin Spaniel. One of the sweetest breeds you will ever find.*

This breed was developed as a small, multi-purpose retriever and is much loved amongst dog lovers and sports enthusiasts. Discover more about the history and attributes of these fine pups.

Learn more: [BoykinSpaniel.org](http://BoykinSpaniel.org)

Image: Folly, Courtesy Leslie Pettit

### Peek Into Colonial History

### Colonial Dorchester State Historic Site



From 1697 until the beginning of the Revolutionary War, the trading town of Dorchester flourished along the Ashley River, inland from colonial Charleston. Today, Colonial Dorchester State Historic Site's remarkably preserved archaeological remains give visitors a peek into the early history of colonial South Carolina.

Visitors can stand below the towering remains of the brick bell tower of St. George's Anglican Church, catching a glimpse of a log wharf during low tide or view the fort made of an oyster-shell concrete called tabby.

[Colonial Dorchester State Historic Site](#)

Plan your visit during a trip to [Charleston, SC](#).

Photo courtesy [SouthCarolinaParks.com](http://SouthCarolinaParks.com)

### Get the Guide.



Register and get the latest edition of [CarolinaLiving.com](http://CarolinaLiving.com) Guide and the fun-filled **Compass eNews** twice a month. Learn all about the Carolinas thrills and frills.

**FACEBOOK**

*Just Do It!*

There is no better geography than the Carolinas to help you start moving more in 2019. Biking, walking, climbing, swimming, tennis, golf, and a growing fan of pickleball. Who needs a Peloton when you can enjoy the real thing – eye candy while you get in the best shape of your life.

What's your workout pleasure? **Do share.**

### Carolina Creative



### Shucking With Style

Put these babies on your wish list. Michael Waller and Kurt Davis have been friends forever. They graduated from East Carolina University, in Greenville, NC, and worked in various arts (always metal), until they met up at an oyster roast in 2010. Both had forged personal oyster knives. Everyone loved the super cool, efficient implements. A business was born.

Fast-forward to a thriving enterprise. Their knives and other products are sold through their website, retail outlets in the Carolinas and beyond, and at a variety of outdoor shows.

The two have partnered with Vivian Howard, star of the award-winning *A Chef's Life* for special knives, and North Carolina's *Our State* magazine featured an oyster knife for their holiday offerings.

Seldom does a utilitarian object become a work of art. In the South, where brides-to-be often put oyster knives on their bridal registries, these beauties will be treasured gifts.

[www.carolinashuckers.com](http://www.carolinashuckers.com)

**Wonderful things** with Carolina connections.

Photo Credit: [www.carolinashuckers.com](http://www.carolinashuckers.com)

### Carolina Grown



### Drifts of White Snowdrops – Flowers, of course!

Written by Robert F. Polomski, Ph.D.

Extension Specialist – Horticulture/  
Adjunct Asst. Prof. Clemson University

While my fondness for snow has waned as I've aged, I still admire the drifts of white that blanket the landscape – not from frozen ice crystals but from the white flowers of giant snowdrops (*Galanthus elwesii*). These aptly named winter-flowering bulbs bloom from December (sometimes as early as late November) to February.



From the basal crown of two to three gray-green strap-like leaves; a single, bell-shaped drooping flower sits atop a foot-tall flower stalk. The three larger white outer petals enclose a cluster of three smaller inner petals that, depending on the variety, may bear one or two emerald-green markings: a single inverted V that looks like Pac-Man at the tips or an additional patch at the base.

Snowdrops prefer a rich, well-drained location in part shade to shade. They're ideal companions to flowering shrubs or herbaceous perennials, such as Lenten rose. Plant giant snowdrops around pathways and walks or at the edges of woodlands. They perform best when sited in the vicinity of deciduous trees where the snowdrops receive sun during the winter months and then filtered sun or shade in the spring when the trees leaf out and the bulbs go dormant.

To create an eye-catching floral display, plant 10 bulbs per square foot at a depth that's twice the height of the bulb. Over the years, your snowdrops will multiply from offsets and seeds to create an expected, slush-free snowbank of white flowers.

**Discover 50 luscious and lovely plants.**

Learn more about Carolina gardening from Dr. Polomski's new book, *Carolinas Month by Month Gardening*.

Available wherever books are sold.

Photos by Robert F. Polomski, Ph.D.

### Carolina Famous Faces



### Michael Jordan

Born February 17, 1963

When basketball season is in full swing, our thoughts always go to famed NBA star and adopted son of North Carolina Michael Jordan. The Jordans Family moved to Wilmington, NC when Michael was a toddler, and he later attended the University of North Carolina at Chapel Hill, where his stellar performance on the basketball team earned him his spot with the Chicago Bulls.

Today, Mr. Jordan maintains his ties with NC, and is principal owner and chairman of the NBA's Charlotte Hornets. He and his wife, Cuban-American model Yvette Prieto have identical twin daughters named Victoria and Ysabel.

Other notable sports figures with Carolina ties include football player Thomas Davis, Baseball legend Shoeless Joe Jackson, pro golfer Dustin Johnson, and boxing legend Sugar Ray Leonard. **Discover** more about them and other famous faces.

### Carolina Cuisine



### Soup's On

OK, I have so many reasons why I love this recipe from Columbia SC recipe guru Kim Byer.

You don't have to peel the butternut squash (a royal pain), it has cumin which is my all-time favorite spice, and it tastes as rich and luxurious as it looks.

**Roasted Butternut Squash & Ginger Soup** is a delight when there's a chill in the air. Add a fresh salad and a crusty loaf of bread and you've got yourself a soul-soothing supper.

Photo credit: Kim Byer

Enjoy Our Tasty Collection of Carolina **Recipes: Breads | Beverages | Breakfast | Appetizers | Sides & Salads | Soup | Seafood | Meat and Poultry | Desserts**

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### Sideways Farm and Brewery Cultivates a Different Way Forward

Sideways Farm & Brewery, in rural Etowah, NC, is surrounded by dozens of craft producers in the brewing-rich towns of Hendersonville, Brevard and Asheville. This brewery stands out for a farm-based commitment to growing its own ingredients.

A typical Sideways tasting menu features anywhere from 12-14 small batch, seasonal brews highlighting products cultivated on property – as well as sourced from local suppliers – by owners Jon and Carriann Schneider. A sampling includes rosemary, figs, lemongrass, pumpkin, and sage.

The tasting room experience stands out as well. Beers are grouped into tastings and poured from 750-milliliter bottles. The tasting bar, made from a black walnut tree that grew on the property, is U-shaped and patterned after the tasting bar at Burntsirt Vineyards in nearby Hendersonville.

"It's much more like a winery tasting experience," Carriann says. "Our idea is to take beer back to its agricultural roots. Most breweries are set up in an industrial area. We want to bring people to a farm to see where we grow and harvest what goes into their beer."

[www.SidewaysFarm.com](http://www.SidewaysFarm.com)

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