

##forward\_header##

Learn about the best North Carolina and South Carolina adventures, destinations, attractions and communities. Visit and explore!

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**May 9, 2019** Below: Where history meets football; Oh so grand; Blooming beauty; Meet me at the Parlour; Slipping by the Sea; Do this in the dark; Mai oui; Experience St. James; Explore Rumbling Bald.

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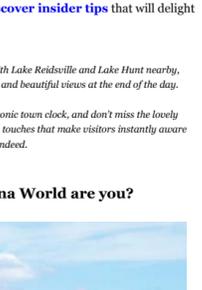


### Take a Road Trip to Reidsville, NC



### A Hometown Set Apart

It's not for folks who want hustle and bustle, lots of traffic and crowds. It is the perfect town for those who prefer to visit the urban jungle, but return home to a more peaceful day-to-day lifestyle. Reidsville is in the Piedmont of North Carolina – close to Greensboro, Winston-Salem and Raleigh, but a hometown set apart.



The attractions are plentiful. History, recreation and friendly people are high on the list, but a huge respect for town legends is mentioned time and again. Good planning and a commitment to the community make this a unique town for relocation, retirement or to start a business.

First, you'll want to visit. [Discover insider tips](#) that will delight and appeal.

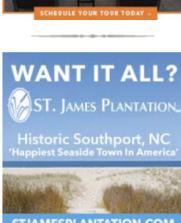
*Photos courtesy City of Reidsville:*  
Top – Water, water everywhere. With Lake Reidsville and Lake Hunt nearby, water sports offer a peaceful respite and beautiful views at the end of the day.

Bottom – Meet your friends at the iconic town clock, and don't miss the lovely murals around downtown. It's those touches that make visitors instantly aware that Reidsville is something special indeed.

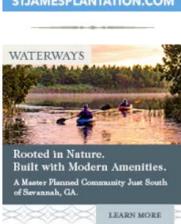
### Where in the Carolina World are you?



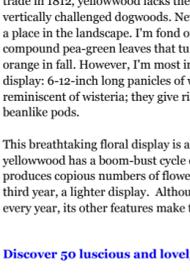
There are many beautiful beaches along the Carolina coast, but this one is especially famous for its family-friendly vibe and sugar sand beaches. Want to spread out? No problem. You've got 60 miles of ocean front to explore. [Where are you?](#)



### Carolina Home Grown



### Yellowwood



Written by Robert F. Polomski, Ph.D., Extension Specialist Horticulture/Adjunct Asst. Prof. Clemson University

Big can be beautiful. Growing 30 to 50 ft. high and 40-50 ft. wide, yellowwood (*Cladrastis kentukea*) sports smooth brown-gray bark (similar to American beech) and an upright, rounded and irregular crown. You'll find this native growing wild on slopes and ridges, along stream banks, roadsides, and old fields. The common name yellowwood refers to the yellow dye that colors its heartwood.

Although this American native was introduced into the nursery trade in 1812, yellowwood lacks the widespread appeal of the vertically challenged dogwoods. Nevertheless, yellowwood deserves a place in the landscape. I'm fond of its distinctive 8-12-inch long, compound pea-green leaves that turn butter yellow to golden orange in fall. However, I'm most impressed by its May floral display: 6-12-inch long panicles of white fragrant flowers reminiscent of visteria; they give rise to 3-5-inch long brown beanlike pods.

This breathtaking floral display is always a special event because yellowwood has a boom-bust cycle of flowering: one year it produces copious numbers of flowers and in the second, sometimes third year, a lighter display. Although it doesn't bloom reliably every year, its other features make the wait worthwhile.

### Discover 50 luscious and lovely plants.

Learn more about Carolina gardening from Dr. Polomski's new book, [Carolinas Month by Month Gardening](#).

Available wherever books are sold.

Photo by Robert F. Polomski, Ph.D.

### The Travel Bug

Hi,

When our children were young, we'd entice them to try new foods by suggesting that if they'd never given ice cream a try, they wouldn't know its pure deliciousness. (It worked – sometimes. But not with spinach casserole.)

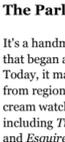
It's much the same with travel. There may be no place like your place on earth, but you'll never know until you visit towns that have the charm and services and opportunities and eccentricities that make you want to slap a for sale sign on the lawn and start packing.

**Road Trips and Adventures** offer great insights to help you figure out where to travel next. Including destinations you may have never considered. (Camping was never my thing, but a few long weekends ensconced on an island with friends, lazy afternoons and one ginormous pig cooking over an open pit changed my thinking.)

On our first trip to Portugal in 1994, we pulled our rental car to a stop at the end of a rural road, looked at one another and said, "What are we thinking?" Two weeks later, we decided our thinking had been pretty good. Soon, we'll take that same trip again, 25 years after the first adventure. We'll be happy to visit old and new favorites, and we'll be so very glad to return to the Carolinas when it's all done.

Dust off those travel bags and start dreaming. Hop across the pond, or drive to a Carolina hidden gem. One thing's for sure. You'll love the southern brogue, cuisine and scenery. And the very friendly folks!

Til next time.



Katherine Pettit  
Executive Editor  
[CarolinaLiving.com](#)  
Showcasing  
Carolina Life & Adventures

**I scream, you scream, we all scream for this.**



### The Parlour

It's a handmade ice cream shop that began as a food truck. Today, it makes the best-of lists from regional and national ice cream watchers and judges including *Travel+Leisure*, *CNN* and *Esquire* TV. Of course, as in anything food-oriented, you be the ultimate judge.  
117 Market St., Durham, NC;  
919.564.7999, or [theparlour.co](#)

More about [Durham](#).

### Get the Guide.



Register and get the latest edition of [CarolinaLiving.com](#) Guide and the fun-filled [Compass eNews](#) twice a month. Learn all about the Carolinas thrills and frills.



### FACEBOOK

I love the beach. My spouse adores the mountains. Lucky for us, we have both in the Carolinas – plus everything in between. What's your favorite summertime destination? [Do share.](#)



### Let's Take a Road Trip

- [Carolina Famous Faces](#)
- [Insider Info](#)
- [Adventures](#)

### Saturdays in Cola Town



Soda City Market is Columbia's weekly Main Street event inspired by traditional European street markets. They're open every Saturday morning 9 am - 1 pm, year-round, rain or shine!

Find everything you need to nourish your brain, body, and belly – helping establish Columbia as the real southern hotspot for locals and visitors alike. Soda City Market is a microcosm of Columbia, a melting pot of cultures, and an inviting community experience worth making a part of your regular weekend routine.

Trust us. If you stumbled upon a market like this on any of your travels, you'd spend the morning. Enjoy.  
[sodacitysc.com](#)

[The Capital City](#)

### After Hours



### SC Aquarium Adults Only – After Hours

Spend your evening with them for all-inclusive experiences surrounded by water, wildlife and wild places at South Carolina Aquarium After Hours events.

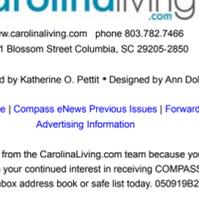
Enjoy small plates from their Good Catch partners plus beer, wine and entertainment as you stroll through the galleries, or just relax and enjoy the views of the Charleston Harbor in great company. Events are 21+.

[After Hours info.](#)

Discover more about [Charleston](#).

Photo courtesy South Carolina Aquarium

### Bier Noir



### Theatrical Beer Tasting In The Dark! through July 28, 2019

Join us for a memorable and unique beer tasting in the dark! You will laugh, learn, and explore five local Asheville brews paired with small bites and madcap comedy in complete darkness. (Note this is not a meal, the tastings are simply for scientific fun!)

Must be over 21 | 2-10 people | 60 minutes.  
• Recurring weekly on Sunday, Friday, Saturday  
• Admission: \$35  
• Phone: 828.214.7824

[Buy Tickets. Get the details. Amazing Asheville.](#)

### Carolina Cuisine



### C'est très bon

During a trip to Lyon, France, I tasted the most unique macaron ever – Roquefort and walnut. Think, the perfect combination of salty and sweet, in an unbelievably light cookie form. Back home, and in search of the perfect [French macarons](#) for a summer party, I found Amelie's French Bakery, in Charlotte.

I spoke, and they shipped their own specialties (alas, no Roquefort flavor but a luscious lemon concoction and a chocolate creation worked beautifully). My guests swooned. I was a hero.

When you're ready for a baking challenge, give these delicate confections a try. You'll be instantly transported to a petite boulangerie in the heart of Paris. (I recently returned to France and took a cooking class in Macaron preparation. They aren't easy. Mine weren't pretty. I gained even more appreciation for Amelie!)

Bon appetit!

Enjoy Our Tasty Collection of Carolina [Recipes](#):

[Breads](#) | [Beverages](#) | [Breakfast](#) | [Appetizers](#) | [Sides & Salads](#) | [Soup](#) | [Seafood](#) | [Meat and Poultry](#) | [Desserts](#)

Photo Courtesy of Amelie's French Bakery, Charlotte, NC  
[www.ameliesfrenchbakery.com](#)

NewsWorthy



### Live like a local.

Visit [St. James](#) & experience their unique coastal lifestyle! **Be their guest. Live like the locals do. Fall in love.**

During your visit, you'll enjoy three days & two night's accommodations, a round of golf for two or \$50 dinner certificate, VIP club access to all of their amenities and an exclusive real estate tour of the community in coastal southeastern North Carolina.

[Plan your visit.](#)



### Discover Rumbling Bald

Come today; enjoy their lake and golf, and seize the opportunity to live in their remarkable community.

- **1 Night** Resort Lodging / 1 Scenic Cruise each (if available due to season) \$178.00\*
- **2 Nights** Resort Lodging / 1 Scenic Cruise each (if available due to season) \$258.00\*



Learn more by calling 828.694.3001 and ask about their new "Discovery Packages."

[www.rumblingbald.com/discover-rumbling-bald](#)

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