

Now's the time for fun getaways and the great outdoors - Welcome!



October 26, 2017 Below: Don't go alone; Please like us; Really creative; Stormy weather; Best in small packages; Blend your own; Save the bats; Your new Guide; Diner madness; Terrific Taters; Celebrate Seabrook; Holly Day Fair

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### Carolina Adventure | Charleston, SC



### Ghost & Graveyard Tour Don't Go Alone

In the Holy City, ghosts are said to roam freely – the result of so much history, the Civil War, and the inevitable conflicts that occurred. To set the stage, Charleston is filled with old houses, graveyards, re-purposed buildings and stories about those who perished under unfortunate circumstances.

For folks who seek out a bit of terror with their history and fun, choose one of the ten ghost-themed tours offered by Bulldog Tours, a longstanding and very popular attraction for visitors and locals entertaining family and friends.

Look on Trip Advisor and you'll find mostly favorable reviews of evenings spent wandering around with Carol, Barry, or one of the other knowledgeable guides. There is history – just enough to add interest and lay the background for the paranormal activities.

Families report that children enjoy the tour – a tiny bit scary and very interesting. There are stories of love lost, intrigue, families separated, and the loss of children, which was a very common occurrence in earlier days.

Bulldog Tours has the exclusive rights to take visitors inside the gates of one of Charleston's oldest graveyards. The headstones are fascinating – with or without creatures that go bump in the night.

For folks who travel specifically in search of the paranormal, Charleston is the perfect host city. There are many tour companies, and at Bulldog, visitors can choose from Haunted Jail, Haunted Arsenal and haunted Pub Crawl tours, among others.

**Wow Factor:** There's a reason Charleston is one of the most popular visitor destinations in the world. It has everything – history, charm, architecture, restaurants, pubs, scenery, water and very friendly residents. When visiting Charleston (and you should), consider starting your exploration with a tour because you'll learn more about the city, have a bit of fun doing so, and learn where you'd like to return. If you're specifically counting on seeing a ghost, you may be disappointed, but bring your flash camera, because one never knows what lurks in the shadows.

**Hint:** Wear comfortable shoes and plan on walking. It's certainly not too strenuous, but graveyards are notorious for roots and uneven patches of ground. Tread carefully. If you check out the review sites, you'll see ghost enthusiasts discussing orbs. Depending on your source of information, orbs are round balls created when the flash of your camera catches a particle of dust, or perhaps an insect. If you're of a more ghostly frame of mind, those same balls come from energy being transferred from power lines, people, batteries or such into the departed to help him/her/it materialize.

Whatever, take your sense of humor and adventurous spirit and enjoy a very entertaining evening in one of the most amazing cities you'll ever visit!

[www.bulldogtours.com](http://www.bulldogtours.com)

More Charleston

More Carolina Adventures.

Image: Charleston, SC; photo courtesy SCPRT

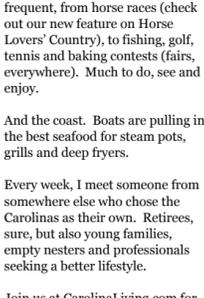
Carolina Adventure | Charleston, SC links: <https://bulldogtours.com/>

<https://carolinainliving.com/coast/charleston-sc>

<https://carolinainliving.com>



### It's a Colorful Life



Hello,

We can't imagine any area more beautiful than the foothills and mountains of the Carolinas in the Fall. And although our fresh tomatoes and peppers are still abundant, the sweet potatoes and apples have taken center stage. Look for the heirloom fruits at farm stands – we love Pink Lady. My neighbor's pomegranate bushes are loaded.

In summer, Carolinians have fun with family and friends, but in fall, the parties grow larger and more frequent, from horse races (check out our new feature on Horse Lovers' Country), to fishing, golf, tennis and baking contests (fairs, everywhere). Much to do, see and enjoy.

And the coast. Boats are pulling in the best seafood for steam pots, grills and deep fryers.

Every week, I meet someone from somewhere else who chose the Carolinas as their own. Retirees, sure, but also young families, empty nesters and professionals seeking a better lifestyle.

Join us at CarolinaLiving.com for info that feeds your passion for living and your wish list for the perfect hometown. The constant theme? How friendly folks are to newcomers. True and a source of pride here, along with our sunshine days and barely cool evenings. Porch sitting is in full swing.

Order your new [CarolinaLiving.com](http://CarolinaLiving.com) Guide to the Best Life and Times you'll find anywhere.

Our best to you and yours,



[Katherine Pettit](#)  
Executive Editor  
Center For Carolina Living  
Showcasing  
Carolina Life & Adventures



Forward this email to a friend.

Image: Clayton, NC Farmers Market; photo courtesy Johnston County Visitors Bureau

It's a Colorful Life link: <https://carolinainliving.com/survey>

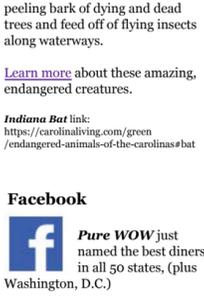
### Get the Guide.



Updated town information, six fun new Carolina adventures, and one heck of a good-looking feature showcasing why the Carolinas is Horse Lovers' country. Order yours today.

[Click here](#) for the official hold-in-your-hand Guide to Carolina lifestyle fun and adventure trips, plus real estate tips, tax & cost-of-living advantages, retirement opportunities and town profiles. Just share your dream goals and we'll help lead you to smart Carolina life and times.

Get the Guide link: <https://carolinainliving.com/survey>



### Indiana Bat



Photo credit: Courtesy U.S. Fish and Wildlife Resources

Every year, bats provide billions of dollars worth of natural pest-control by eating thousands of insects that are known for attacking crops and trees. Without the protection of these bats, the increase of pesticides to protect plants and crops will create costlier gardening and farming while also harming the environment.

The Indiana bat is a small dark brown to black bat, weighing only about a quarter of an ounce (about the weight of three pennies). During the wintertime, they hibernate in abandoned mines or caves and prepare for spring reproductive months. In summer months, the bats roost under peeling bark of dying and dead trees and feed off of flying insects along waterways.

[Learn more](#) about these amazing, endangered creatures.

Indiana Bat link: <https://carolinainliving.com/green/endangered-animals-of-the-carolinas#bat>

### Facebook



Pure WOW just named the best diners in all 50 states, (plus Washington, D.C.)

Who made the Carolinas cut? [Causeway Gourmet](#) at Ocean Isle Beach on the southern North Carolina Coast

[Iron Dog Diner](#) in North Charleston, SC

Let's get our own Best of the Carolinas list going. Please share your Guy Fieri-worthy diner on [Facebook](#).

Facebook links: <http://causewaygourmetob.com/> <https://www.facebook.com/pg/IronDogDiner/posts/>

### Heading your way



Let's Take a Road Trip <https://carolinainliving.com/road-trips>

Carolina Famous Faces <https://carolinainliving.com/culture/famous-carolina-faces>

Insider Info <https://carolinainliving.com/directories>

Adventures <https://carolinainliving.com/adventures>



### Carolina Creative

**"The soul as a bird."**  
That's how the Ancient Egyptians described the human soul, and discovering the magnificent bird work of artist Shane Fero, you instantly understand why.

Born in Chicago, Mr. Fero has been a flameworker for more than 40 years, and maintains a studio next to Penland School in Penland, North Carolina. He participates in international symposia and conferences, and has taught in prestigious institutions worldwide.

His work can be found internationally, in public and private collections, as well as in more than 20 museum collections, including those in Denmark, Germany, Japan, the Asheville Art Museum and more. He's past president of the Board of Directors of the Glass Art Society and received their Lifetime Membership Award in Chicago, and 2014.

Enjoy his gallery of work at [www.shanefero.com](http://www.shanefero.com)

Read about more [Carolina Creatives](#) (and their work).

Carolina Creative links: <http://www.shanefero.com/> <https://carolinainliving.com/culture>

### Carolina Famous Face



### Chris Hughes

Born Nov. 26, 1983

Co-founder, Facebook. Chris Hughes is purposefully using the fortune he made through Facebook to make a difference – long term.

Born in Hickory, NC, to a traveling paper salesman and a schoolteacher, the young man left home at 15 to attend Phillips Academy, in Andover, Mass.

Financial aid was a key factor in the decision. He did well and applied to Harvard. After he arrived on campus, life changed. His roommate assignment was Mark Zuckerberg. Together with another student, Dustin Moskovitz, the trio founded Facebook, and their fortunes took a meteoric turn upward. Along the way, Mr. Hughes graduated from Harvard, *Magna Cum Laude*, with a Bachelor of Arts in history and literature.

After leaving Facebook in 2007, Mr. Hughes moved to New York, and devoted himself to his passions, including spearheading the social networking organization of President Obama's 2008 presidential campaign. From 2014-2016, he was owner of The New Republic, a well-respected magazine founded in 1914 which covers liberal issues, politics and arts.

In 2016, he co-founded the Economic Security Project, a network committed to advancing the conversation on cash benefits and basic income in the United States.

An avid supporter of gay rights, he is married to Sean Eldridge, an American political activist and the founder and president of Stand Up America, a progressive advocacy community. Mr. Eldridge was previously political director of Freedom to Marry, a campaign promoting marriage equality nationwide.

So many [Famous Faces](#) from the Carolinas! Great Stories.

Carolina Famous Face link: <https://carolinainliving.com/culture/famous-carolina-faces>

### Hurricane Dangers



### So much less than you think

By Larry Gavrich, Founder & Editor, Home On The Course, LLC

The destruction that Hurricane Irma caused in much of Florida and the Caribbean is a stark reminder that life in the Southeast, especially along the coast, is not without meteorological risk. But during a particularly bad season like the one soon to pass into history, it is a helpful reminder, especially to those of us contemplating a home on the eastern seaboard, that the chances of a hurricane hitting any one specific spot are relatively small. And if you like to literally play the odds, you can reduce the small risks further by choosing a coastal location with a good historical track record.

More info. <https://carolinainliving.com/lifestyle/golf/Golf-Communities-and-Hurricane-Dangers>

### Become a Winemaker for a Day



Raffaldini vineyards' reds are ready for blending, and they'd like your help to determine the blend for the Raffaldini Grande Riserva!

Saturdays, Nov 4, 11, 18  
Sundays, Nov. 5, 12, 19

Hosted at the Raffaldini Winery Barrel Room, each session is an educational, two-hour experience led by Owner and Winemaker Jay Raffaldini.

Hone your winemaking knowledge and skill while learning details about grape varietals and growing. Each blend you create will be carefully analyzed, sampled, and help inspire their new vintage of Grande Riserva.

Tickets: [www.raffaldini.com/Shop/Events](http://www.raffaldini.com/Shop/Events)

Become a Winemaker for a Day link: <https://www.raffaldini.com/Shop/Events>

### Best Small Cities



### From Condé Nast Traveler

Charleston – #1 on so many radar screens. Food, history, charm, walkability, climate and good times. [Charleston](#).

Greenville, SC – #3 and a rising star, with great food and farm-to-fork scene, a downtown many other cities envy, and superb greenspace. [Greenville](#).

Asheville, NC – #14 and worthy of better. Food, chocolate, wine, gorgeous, quirky and Biltmore. It's all here. [Asheville](#).

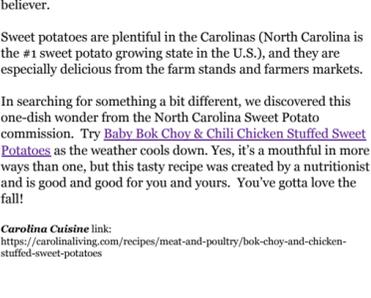
And more: [Savannah, GA](#) – #6 We'll claim our sister just across the border. Arguably the best-designed city in America, Savannah invented urban green space. And fabulous seafood, a riverfront that delights and one heck of a St. Pat's celebration. [Savannah](#).

Details.

Top images, clockwise: [Charleston](#); [Charlotte](#); [Asheville](#); [Savannah](#); [Greenville](#). Photo courtesy Spoleto Festival USA | Julia Lynn Photography Asheville: Photo courtesy ExploreAsheville.com Savannah: Photo courtesy Savannah Area Chamber of Commerce Greenville: Photo courtesy www.greenvillesc.gov

Best Small Cities link: <https://carolinainliving.com/coast/charleston-sc> <https://carolinainliving.com/foothills/greenville-sc> <https://carolinainliving.com/mountains/asheville-nc> <https://carolinainliving.com/coast/savannah-ga> <https://www.entraveler.com/galleries/2015-10-08/top-small-cities-in-the-us-readers-choice-awards>

### Carolina Cuisine



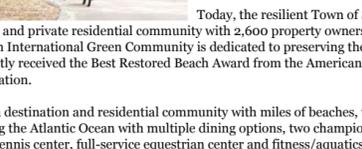
### One Sweet Meal

Have you ever tasted a sweet potato straight from the earth? Completely different experience from the grocery store variety. I'd heard that, but once I experienced the real deal, I became a believer.

Sweet potatoes are plentiful in the Carolinas (North Carolina is the #1 sweet potato growing state in the U.S.), and they are especially delicious from the farm stands and farmers markets.

In searching for something a bit different, we discovered this one-dish wonder from the North Carolina Sweet Potato commission. Try [Baby Bok Choy](#) & [Chili Chicken Stuffed Sweet Potatoes](#) as the weather cools down. Yes, it's a mouthful in more ways than one, but this tasty recipe was created by a nutritionist and is good and good for you and yours. You've gotta love the fall!

Carolina Cuisine link: <https://carolinainliving.com/recipes/meat-and-poultry/bok-choy-and-chicken-stuffed-sweet-potatoes>



### Town of Seabrook Island Celebrates 30th Anniversary

This coastal barrier island town just miles from historic Charleston, is celebrating its 30th anniversary. The town, which includes Bohicket Marina, Seabrook Island and a farm property between the two, was formed in 1987 after nearly 85 percent of Seabrook Island residents voted in favor of the incorporation.

Today, the resilient Town of Seabrook Island is a thriving destination and private residential community with 2,600 property owners from all over the world. The Audubon International Green Community is dedicated to preserving the island's natural resources and recently received the Best Restored Beach Award from the American Shore and Beach Preservation Association.

Seabrook Island is a destination and residential community with miles of beaches, two beach and golf facilities overlooking the Atlantic Ocean with multiple dining options, two championship golf courses, a tournament-grade tennis center, full-service equestrian center and fitness/aquatics complex, all set in a 2,200-acre lush maritime environment.

[www.townofseabrookisland.org](http://www.townofseabrookisland.org)



### Holly Day Fair | Fayetteville, NC | November 2-5

The latest gift and craft show in Eastern North Carolina continues its tradition of offering a variety of handmade gifts, crafts, clothes and more to shoppers hoping to get ahead of the Christmas rush. The Holly Day Fair typically draws 22,000 attendees and over 200 vendors throughout the weekend.

Show-goers choose from an extensive collection of unique handcrafted and manufactured products that include the best in holiday decorations, handmade crafts, stylish jewelry and clothes, children's toys, specialty food items and much more.

Tickets are \$15 during "Super Shopper" hours and \$10 the remainder of the show. Strollers and rolling carts are prohibited during "Super Shopper" hours, and a limited number of tickets are sold. The Holly Day Fair serves as the Junior League of Fayetteville's sole fundraiser with all funds going directly back into the local community.

Visit [www.VisitFayettevilleNC.com](http://www.VisitFayettevilleNC.com). Cumberland County is America's first military sanctuary.

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